

GT 1000 Section Undergraduate Research Section Fall 2026

This seminar course is designed to help you make a successful transition to college by becoming better acquainted with the academic and social environments here at Georgia Tech. Through the course, you will acquire strategies that promote academic, social, and professional success. This is a highly interactive course that requires active student participation and working collaboratively in small groups.

Course Learning Objectives

Upon successful completion of this course, students will:

1. Develop self-awareness and self-knowledge, particularly as it relates to academic interests and professional goals.
2. Describe their path to graduation and identify opportunities for academic and professional enrichment with the assistance of a faculty member or advisor.
3. Demonstrate the ability to lead and productively participate in collaborative projects.

Instructors, Team Leaders, and Office Hours

Instructor: Rebecca Graham

Email: Rebecca.graham@ehs.gatech.edu

Office Hours: Available before and after class.

Team Leader (TL): Amanda Campbell

Email: acampbell95@gatech.edu

Major: Chemical Engineering

Class Schedule and Location:

Meeting Day & Time: Fridays from 11:00-11:50 am

Location: Swann 325

Grading:

Grading for the course will be broken down as follows:

Participation & Attendance	25%
Team Project	25%
Design Your Academic Plan	25%
Career Exploration Project	25%
Total	100%

Grade Scale

A	100%-90%
B	89%-80%
C	79%-70%
D	69%-60%
F	<60%

Required Materials

CliftonStrengths Top 5 Strengths Insight Report

- Students will receive an emailed link from their instructor to complete the Strengths Assessment. Students should create a new account using their @gatech.edu email address.

Technology Requirements

Technology will be used to deliver content, provide resources, assess learning, and facilitate interaction. Primarily we will be using our course management system, **Canvas**, for offering class-related content and submitting class assignments. **You can access Canvas at <http://gatech.instructure.com>** and you will need to log in with your GT Account information. If you do not have regular access to a computer, GT computer areas are available on campus, and the library has equipment resources available for check-out (see <https://library.gatech.edu/computing>**Links to an external site.**).

Course Assignments

Attendance and Participation (25 points) This class is designed for students to become active, engaged participants, so it's vital that all students attend each class session and are fully engaged in all class activities. The success of our class depends on student participation, so you'll earn points for your class participation. This means that you'll need to do more than just show up at the appointed time and place—you'll also need to come to class prepared to participate. Each class meeting is worth 5 points.

Letter to Yourself (25 points) : This assignment is a reflective piece of writing about what you are excited to learn, who you hope to become, and what you think your future will be like. Writing a letter to yourself is important because it encourages self-reflection and personal growth. It gives you an opportunity to think about your goals, feelings, and experiences at a specific point in your life. By putting your thoughts into words, you can better understand yourself and what you want to achieve in the future.

Team Project (25 points): One of the most important skills any person can learn is the ability to collaborate productively with a team and to demonstrate the ability to lead. This project is designed to help you develop the skills you'll need to effectively work with your peers in a collaborative environment—whether that's in a class group project, your senior design or capstone experience, or in the professional world. The members of your team will present the project to the class and be asked to answer questions.

Design Your Academic Plan (25 points): This assignment will help you to map out your path to graduation and to think about how your current major aligns with your interests, strengths, and goals. For this assignment, you will delve deeper into your academic plan. This assignment will include multiple elements, all designed to help you on your path to graduation. **This assignment has two parts: a degree map and a reflection sheet.**

Career Exploration Project (25 points): This project is designed to help you think critically about your goals, values, and sense of purpose as you begin—or perhaps continue—to consider your plans after Tech. This assignment will ask you to reflect on your goals, think about how your interests and skills align in your major and future career, and take an active step forward in your career readiness plan. **This assignment has two parts: a resume and a reflection essay.**

Course Expectations and Guidelines:

Creating an engaging and productive class experience is the responsibility of both the instructor and the students involved. To ensure you are getting the most out of our class and contributing positively to our learning environment, please be mindful of the following:

1. The Georgia Tech Academic Honor Code applies to all work submitted in this course. To review the Honor Code, please visit <https://osi.gatech.edu/students/honor-code>**Links to an external site.**
2. Students with disabilities who require reasonable accommodations to participate fully in the course activities or meet course requirements are encouraged to register with the Disability Services Office at 404.894.2564 or <http://disabilityservices.gatech.edu>**Links to an external site.**
3. Please create a habit of checking your GT e-mail and Canvas daily. Important class announcements and information will be posted to Canvas, and you want to make sure you're fully equipped for success.
4. Grades will be posted to Canvas throughout the semester. It is your responsibility to keep track of your submitted assignments and grade progress throughout the semester. If something seems missing or off to you, please reach out to me to discuss.
5. GT 1000 is designed to be informative, helpful, and fun! However, the class is graded and does carry one credit towards your degree. For that reason, it is important that all assignments you submit be of high quality. Please double check your work for spelling, capitalization, and grammatical errors. This practice is also good for creating a habit of professionalism.
6. You can expect that as your GT 1000 instructor, I will come to class each day ready to engage you in learning about Georgia Tech and learning how to be successful academically and professionally. Each session will be structured to encourage your active participation, so please come prepared to participate and contribute to the class.

7. Please attend every scheduled meeting on time. That said, if you are exhibiting any symptoms of illness (fever over 100.4 F, coughing, nausea, etc.), please stay home to rest, seek medical attention if appropriate, and contact me as soon as possible. If you have extenuating circumstances, I will try and work with you to address those challenges. Please communicate early and often if you are struggling with issues that may call for accommodations.
8. To ensure everyone feels safe, heard, and able to learn in our class, please demonstrate appropriate classroom behavior at all times. This means that you should speak and act in a respectful manner towards your classmates, your TL, and your instructor. To review the Student Code of Conduct, please visit <https://policylibrary.gatech.edu/student-life/student-code-conduct>[Links to an external site.](#)

Georgia Tech Values Statement

At Georgia Tech, we see different backgrounds and perspectives as essential to learning, discovery, and creation. We strive to remove barriers to student success, and to build a welcoming community where everyone has the opportunity to contribute to our mission. As outlined in our strategic plan (<https://strategicplan.gatech.edu/values>[Links to an external site.](#)), we want to create an environment of holistic learning where all individuals can grow and learn to lead healthy, purposeful, impactful lives.

Accommodations for Students with Disabilities

If there are aspects of the instruction or design of this course that result in barriers to your inclusion or accurate assessment of achievement, please notify me as soon as possible so we can resolve the issue. Students with disabilities should also contact the Office of Disability Services (ODS), whose purpose is to collaborate with students, faculty, and staff to create a campus environment that ensures all students have an equal opportunity to access the Georgia Tech community. ODS can be reached at 404.894.2563, dsinfo@gatech.edu, or disabilityservices.gatech.edu Please contact me ahead of time to discuss any issues related to disabilities. I am happy to work with you.

Student Use of Artificial Intelligence

GT 1000 is a class based in your own discovery, exploration, and reflection of what you want your time at Tech and professional life to be. Unpacking your thought processes based on information you acquire through campus resources is a major component of the assignments. Therefore, the use of AI is strongly discouraged. If you wish to use AI as part of your brainstorming process, that is fine; however, per the Georgia Tech Honor Code, no work produced via AI should be submitted as your own. If you have questions about what constitutes acceptable use, please see me.

Communication

As your professor, I welcome having conversations with you whenever possible. The best ways to reach me are before or after class, in drop-in hours, or by email. When emailing, you usually can expect a response within 24 hours. Communications received Monday through Thursday after 5:00 p.m. generally will be returned the next day. On the weekend or when I'm away from campus, my response may be longer in coming.

When corresponding by email, I will communicate with you using only your GT email account. This is to protect your sensitive personal information, in accordance with the Family Educational Rights and Privacy Act (FERPA). Please check your email account every day, so that you do not miss important information regarding the class or other key announcements.

Collaboration and Group Work

Our class will often engage in collaborative discussion and activities. You also will participate in a group project. In general, collaborating with your classmates is an encouraged practice. However, other than the Team Project contract and presentation materials, the work you submit under your name should be your own--not that of others or of AI. If you have any questions about what constitutes allowable collaboration, please see me to discuss.

Extensions and Late Assignments

If you miss a class, it is your responsibility to get the assignments, catch up on the required material, and complete the work. Exchanging contact information with a classmate or two at the start of the semester can help in case you need to reach out to someone about notes or covered content. If you will be absent for an Institute-approved reason or religious observance, let's discuss in advance a plan for you to keep up with class.

All assignments are due at the beginning of the class period unless otherwise noted in Canvas and on the syllabus. However, sometimes life can throw you a curve ball, and you could use some extra time to finish up. Assignments can be turned in up to one week after the due date. However, late assignments will earn a 10% grade deduction per day unless an extension has been arranged in advance. If you would like to request an extension, please do so at least a day before the assignment deadline.

Welcome to GT 1000! Let's make the semester a great one.

Weekly Schedule and Assignments

Read the course schedule carefully and make note of important dates. I highly recommend that you frequently review this schedule to ensure that you are managing your time wisely and prepared to participate in activities and submit assignments by the due date.

Week	Due Date	Class Topic	What to Complete or Prepare
Week 1	September 4, 2026, 10 a.m.	Introduction to GT 1000, our class, and campus communities	Read the Start Here module; complete the Introductions discussion post; complete the Freedom of Expression in the GT Community discussion post; write a letter to yourself.
Week 2	September 11, 2026, 10 a.m.	Team Project Introduction and Cultivating Wellness	Read the Team Project Presentation assignment and rubric; review the 8 Dimensions of Wellness infographic and campus resource links; submit the Wellness Wheel Reflection Activity; begin the Resource Scavenger Hunt with your team; complete the GT 1000 Start of Semester Survey.
Week 3	September 18, 2026, 10 a.m.	Identifying and Applying Your Strengths	Complete the Clifton Strengths assessment; bring your Clifton Strengths for Students Report to class; submit your Top 5 Strengths report; read the Team Project Contract assignment and rubric; submit the Team Project Contract assignment, one per team.
Week 4	September 25, 2026, 10 a.m.	Team Building and Emotional Intelligence	Watch The Importance of Emotional Intelligence in the Workplace in class; read Building the Emotional Intelligence of Groups; complete the Applying Your Strengths discussion post; work with your team to generate presentation topic ideas.
Week 5	October 2, 2026, 10 a.m.	Study Strategies and Goals Planning	Submit the Resource Scavenger Hunt, with one team member uploading the check sheet and images; review time management tools and study strategy links; continue working on the team project.
Week 6	October 9, 2026, 10 a.m.	Georgia Tech Community: History and Traditions	Watch the Georgia Tech History and Traditions video; review the Ramblin' Rec Club's GT Traditions pages; explore the Engage Student Involvement site and identify 2–3 clubs or organizations to investigate further; continue working on the team project.
Week 7	October 16, 2026, 10 a.m.	Team Presentations	Reread the Team Project Presentation assignment and rubric; read B. Rolleter's 16 Tips for Effective Team Presentations; prepare and practice the final presentation with your group; submit team project slides or visual aids; complete the Team Project Reflection.

Week	Due Date	Class Topic	What to Complete or Prepare
Week 8	October 23, 2026, 10 a.m.	Introduction to the Academic Planning Assignment	Read the Degree Plan and Academic Planning Reflection assignments and rubrics; review links to Major Profiles and Exploratory Advising; submit the Academic Planning Reflection sheet.
Week 9	October 30, 2026, 10 a.m.	Integrating High-Impact Experiences	Review experiential and high-impact learning program links; identify at least one program you would like to participate in and make plans to attend an information session, workshop,

			or office hours session; complete the Experiential Learning Opportunities discussion post.
Week 10	November 6, 2026, 10 a.m.	Degree and Registration Planning	Review Degree Works resources; review your school's website for degree planning information; submit the Degree Plan assignment.
Week 11	November 13, 2026, 10 a.m.	Career Planning Assignment and Resume Best Practices	Read the Career Planning Resume assignment and rubric; review the Career Starter Kit slide deck; draft or update your resume and submit it to the assignment drobox.
Week 12	November 20, 2026, 10 a.m.	Resume Review	Review the Career Starter Kit slide deck and check your resume draft; provide feedback to at least one classmate on their resume; revise and submit the final copy of your resume.
Week 13	November 27, 2026	Career Planning and Networking — No Class	Read the Career Planning Reflection assignment and rubric; explore career opportunities using O*NET, OOH, and other tools; submit the LinkedIn Profile Assignment; submit the Career Planning Reflection Essay.
Week 14	December 4, 2026	Finishing Strong and Reflecting on the Future	Complete the Final Reflection on the Semester discussion post; submit the Constellation of Support activity; submit the Academic Success Assignment; complete the CIOS and GT 1000 End of Semester Surveys in your GT email inbox.