

General Psychology

Last Updated: Mon, 01/05/2026

Course prefix: PSYC

Course number: 1101

Section: J

CRN (you may add up to five):

33117

Instructor First Name: Amanda

Instructor Last Name: Arbuckle

Semester: Spring

Academic year: 2026

Course description:

Introduction to Psychology is a broad survey of the major topics in psychology, including (but not limited to) research methodology, biological and social factors influencing behavior, development, learning, memory, personality, and psychological disorders.

This course has no pre-requisites

Course learning outcomes:

- Demonstrate familiarity with major psychological concepts, theoretical perspectives, empirical findings, and historical trends
 - Describe the basic processes underlying a variety of psychological phenomena, including development, emotion, motivation, learning, memory, and consciousness
 - Discuss the ways that environmental and biological processes contribute to psychological phenomena
 - Identify and differentiate among the basic methods of scientific psychology
 - Explain the fundamental changes in behavior and mental processes that occur during the lifespan
 - Discuss how groups and individuals influence behavior and attitudes
 - Identify factors that contribute to an individual's personality and attitudes
 - Recognize psychological disorders and describe treatment options

Required course materials:

There is no required textbook for this course. However, if you'd like a text, I recommend making use of the open access textbook from OpenStax. This textbook is available for free online. If you prefer, you can also purchase a print version from OpenStax on Amazon.com.

Psychology from OpenStax, Print ISBN 1938168356, Digital ISBN 1947172077,

www.openstax.org/details/psychology

Grading policy:

Assignment	Points Possible
Four Unit Exams	400
Final Exam	200
Weekly Reflections	50
In-Class Assignments	50
Application Assignments	100
TOTAL:	800

Final Grade	Final Points
A	≥ 716
B	636-715
C	556-635
D	476-555
F	≤ 475

Attendance policy:

Attendance in this class is mandatory. There is no grade for attendance, but you are expected to show up to all planned class periods, and completion of in-class participation assignments is contingent on your attendance on the day they are given.

Academic honesty/integrity statement:

Students are expected to maintain the highest standards of academic integrity. All work submitted must be original and properly cited. Plagiarism, cheating, or any form of academic dishonesty will result in immediate consequences as outlined in the university's academic integrity policy.

Core IMPACTS statement(s) (if applicable):

PSYC 1101 - GENERAL PSYCHOLOGY

This is a Core IMPACTS course that is part of the Social Sciences area.

Core IMPACTS refers to the core curriculum, which provides students with essential knowledge in foundational academic areas. This course will help students master course content, and support students' broad academic and career goals.

This course should direct students toward a broad Orienting Question:

- How do I understand human experiences and connections?

Completion of this course should enable students to meet the following Learning Outcome:

- Students will effectively analyze the complexity of human behavior, and how historical, economic, political, social, or geographic relationships develop, persist, or change.

Course content, activities and exercises in this course should help students develop the following Career-Ready Competencies:

- Intercultural Competence
 - Perspective-Taking
 - Persuasion